



Shining a Light on Broadmead

Vol. 42, No. 4

Broadmead, Cockeysville, MD

December 2020

Have a buddy, be a buddy

By Jerry Winkelstein on behalf of the BRA Healthcare Committee

Broadmead installed motion detectors in the bathrooms of the garden homes a few years ago to provide an extra level of protection in the event of falls or other serious medical emergencies. If the resident does not trigger the motion detector in the morning after arising, Broadmead's safety team is alerted and checks on the resident, offering valuable assistance when needed.

However, should a resident living alone trigger the motion detector in the early morning and then fall, faint or otherwise become incapacitated, the incident might go undetected and the resident unassisted for many hours, until the next morning when the resident failed to trigger the motion detector.

Before the installation of motion detectors, many of Broadmead's residents, especially those who live alone, developed their own method of checking up on each other—a "buddy system." Residents partnered with other residents in their cluster, with friends in other clusters, or with family members such as children, to check on them during the day to be sure they were safe and well.

A simple phone call in the afternoon and again in the evening can reassure each of us that our "buddy" is safe. Even with the advent of motion detectors and pendants, having a buddy to check in with can be an extra layer of support.



First residents move into the Upland. Photo by Erroll Hay

"Five Wishes" booklet available to residents

By Jerry Winkelstein

"Five Wishes" is a booklet that allows individuals to record their wishes regarding end of life care. It is easy to navigate, user friendly, and a less formal expression of the wishes of the individual than that normally found in advance directives. The BRA Healthcare Committee believes it may be a helpful document for residents and their families who are considering end of life issues.

Thanks to a grant from the BRA, the Healthcare Committee has been able to order copies of "Five Wishes" for any resident who would like one. In addition, the committee will schedule time on Broadmead's TV channel for a video that is helpful in advising you and your family on how to fill out the document stating your "five wishes." Using the booklet with your family can be a valuable opportunity to update your advance directive.

Requests for a copy of the "Five Wishes" booklet should be sent to Jerry Winkelstein at jwinkels@jhmi.edu.

Banner photo by Kathleen Truelove



Cluster B devises its own information system

Text and photos by Jackie Mintz

With the Covid lockdown came many changes for residents, one of the most important being the loss of access to the bulletin board at the Center. That board was the main source of information about residents in hospitals or in rehabilitation on Hallowell. Judy Lorenz, hospitality representative for B, was bothered by the absence of information about fellow cluster residents, especially when one resident “disappeared” to a hospital. Judy teamed up with B cluster neighbor Weezie Davis, who found the resident by calling around to likely hospitals. Judy then created an effective and decorative information system by fashioning a placard and stringing it up across the walkway in front of the resident’s unit. When the resident returned from the hospital to Hallowell,

Judy inserted the new information into the placard and residents were updated.

“It was an important way of strengthening the sense of family in

Cluster B,” said Judy. “It allowed us to develop a great deal of concern for each other.”



Celebrating Kwanzaa at Broadmead

By Gwen Marable

Kwanzaa is an African-American and pan-African holiday focused on community, family, and culture and is celebrated annually from December 26 to January 1. The name is derived from the Swahili phrase “matunda ya kwanza,” which means first fruits, or harvest. Kwanzaa was developed in 1966 by Dr. Maulana Karenga, a professor of Africana Studies, to bring the African-American community together after the Watts riots in Los Angeles the previous year.

Each day of Kwanzaa recognizes a principle that encompasses African and African-American values. The seven principles are: unity (umoya), self-determination (kujichagulia), collective work and responsibility (ujima), cooperative economics (ujamaa), purpose (nia), creativity (kuumba), and faith (imani). On each day of Kwanzaa, one of the candles from the kinara, a seven-arm candelabrum, is lit, and the principle of the day is discussed. Kwanzaa celebrations may also include feasts (karamu), gifts, storytelling, music, dance, poetry, and other ways to reflect on and recommit to the Kwanzaa principles.

This year, Broadmead will celebrate Kwanzaa virtually by having residents and staff members share their thoughts on the day’s principle. The celebration will be held at 2 p.m. daily from December 26 to January 1, via Zoom. A link will be provided closer to the time of the event.



Broadmead Welcomes

Leonard Fass, U-308, 443-578-8525
lenfass@msn.com, November 2020



Born in the Flatbush section of Brooklyn, Len moved with his family to Long Island and New Jersey as a boy. He graduated from Fairleigh Dickinson University with a degree in political science and then went to graduate school at the State University of New York for a year. Given this background, a career in the government seemed a logical step. He began in the New York Program Service Center of the Social Security Administration and then moved to the Regional Commissioner's Office in Manhattan. From there he transferred to the Central Office in Baltimore, where he held a number of positions managing various logistical needs of the office, including mail and reprographics. He notes that he "always felt good" about working in public service.

After leaving Social Security, Len held a number of diverse jobs. These included running the University of Baltimore driving range and working in a wine store, at a small computer company, and, finally, as a project manager at a chemical company in Baltimore.

Len likes to golf and bowl. He and his wife, Carel Hedlund, enjoy walking and biking, and they are avid fans of the kind of films shown at the Charles Theater. They enjoy traveling and have visited various national parks in the Western United States. They also care for two cats, Nick and Nora, who have accompanied them to Broadmead.

Text by Libby Champney, photo from Leonard Fass

Correction

The profile of John Burton in the October *Voice* stated incorrectly that he was one of the original trustees at Broadmead. John served on the Board from 1985 to 1994. The *Voice* regrets the error.

Carel Hudlund, U-308, 443-578-8525
cthedlund@msn.com, November 2020

Born in New Haven, Carel attended Upsala College, a small liberal arts school in East Orange, NJ. She notes that because she is half Swedish, this seemed like an appropriate place to go. After graduation, she worked as a paralegal for seven years before going to the Northeastern University School of Law in Boston, from which she received a J.D. in 1979. She worked first in Washington, DC, for the Medicare/Medicaid programs of the Department of Health and Human Services. She then joined the Baltimore law firm Ober Kaler and worked with Medicare and Medicaid clients for more than 30 years.

After a few years of commuting from DC, Carel put a personal ad in Baltimore Magazine, saying she was "looking for a reason to move to Baltimore." Len Fass answered the ad and the rest is history. The couple has now been married and living in Towson for 32 years.

Carel is active in the Towson Unitarian Universalist Church. She served as president and is currently co-chairing the "green committee." She also joined the Baltimore Women's Giving Circle, where she participates in the grant readers group.

Carel loves to travel and recently went with friends on tours to Sicily and to Vietnam, where, she says, she found no hostility to Americans. Carel and Len have also traveled together to various national parks in the Western United States.



Text by Libby Champney, photo from Carel Hedlund

Movies on Hold

There will be no further Tuesday or Saturday night movies broadcast on Channel 970 until Broadmead has finished updating its equipment. More information will be forthcoming as it is available.

Broadmead Welcomes, *Continued*

Marsha Rosenberg, U-209, 443-578-8517
mbrosenberg@comcast.net, December 2020

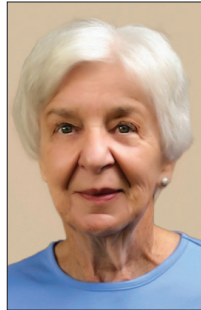
Marsha Rosenberg has had a lifelong curiosity about the natural world, a curiosity that has been a guiding principle in her interests. She volunteered for 38 years at the National Aquarium in Baltimore, where she was one of the first group of trained docents. She retired in March, when COVID-19 temporarily closed the Aquarium.

A native of Rochester, NY, Marsha attended Columbia School for Girls (now Allendale Columbia School) and graduated with a B.Sc. from the University of Virginia. This was followed by research in immunohematology in Washington DC, where she met Gary Rosenberg, who had a summer job in an adjacent lab. They were married the following summer and moved to Boston, where Gary completed medical school and his residency and Marsha worked in a Harvard research lab. In 1974, Marsha and Gary moved to Baltimore.

The couple lived in Ruxton for 32 years before downsizing to a home in Pikesville near Gary's medical practice. They were married for 53 years until Gary's death last year. They had considered Broadmead as a place for them to retire, so Marsha decided to continue with the plan.

Marsha's two sons both attended Friends School of Baltimore. Jason lives in Towson, and Steven in Atlanta. Marsha enjoys being outdoors and is looking forward to exploring nature on the Broadmead campus. She also hopes to resume her hobby as a potter and to try new activities as well.

*Text by Angela Breakey, photo from
Marsha Rosenberg*



Marjorie (Nell) Thompson, U-102, 443-578-8502, nwilkotz@CS.com, December 2020

Born and raised in Ohio, Nell Thompson's reason for coming to Baltimore stands out from that of most residents: She came to stay with a college friend who was in Baltimore staying with her brother, who was acting at Center Stage.

Trained as a teacher, Nell taught for three years in a Head Start-like program for young children in Baltimore City. When she found she was not cut out for that kind of teaching, she took a training course in programming offered by USF&G, which needed program analysts. As a programmer, Nell worked at a series of companies, including USF&G and J. Schoenmann's. Her last position was at the Social Security Administration in Woodlawn, where she worked for 12 years until her retirement in 2013.

Nell moved to Broadmead after living for 19 years in Marriottsville, where she and her husband located when she began work at Social Security. Victor, her husband of more than 40 years, died in 2019.

Nell has traveled widely in Western Europe, and also to Romania as part of a folk dancing club. She has volunteered as a scorer at horse shows and is now participating in My Lady's Manor Driving Club, where members learn how to drive horse-drawn carts.

Nell has brought her piano to Broadmead and plans to resume lessons.



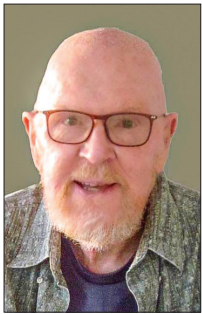
Text by Jackie Mintz, photo from Nell Thompson

Moving Around Broadmead

	From	To
David Diorio	R-6	T-326

Broadmead Welcomes, *Continued*

William Mitchell, U-203, 410-299-3894
billmitchell3@verizon.net, December 2020



Bill Mitchell made his career in the space industry, in systems and project engineering, first in Florida, then in Connecticut, and most recently, for 20 years at the Goddard Space Flight Center in Maryland. He worked on the now declassified Hexagon Spy Satellite, a series

of photographic reconnaissance satellites launched in the 1970s and 1980s, as well as the Hubble Space Telescope. He retired in 2008.

A native of Arlington, VA, Bill graduated from the University of Virginia School of Engineering. After three years in the U.S. Air Force, he returned to UVA and received an MBA from the Darden School of Business.

While working for Churches Concerned for the Homeless in 1995, Bill met his wife, Chris, and they were married in 2000. In retirement, Bill and Chris do extensive volunteering as a couple. They worked for Churches Concerned for the Homeless and Christmas in April in Howard County. Most recently, at the Howard County Conservancy, Chris was a greeter and Bill was a naturalist, leading school children on nature hikes.

Bill and Chris love gardening and have had a vegetable garden at every place they've lived. They look forward to gardening at Broadmead. Bill enjoys painting in both acrylics and oils, gardening, and reweaving old chair seats. He has three daughters, three granddaughters, and one great-grandson from a previous marriage.

Text by Libby Champney, photo from Bill Mitchell

Broadmead Resident Email List

To join the Broadmead resident email list:
Send an email to:
brabroadmead@gmail.com

(Do this also if you change your email address)

Christine Mitchell, U-203, 410-299-3894
chrismitch3@verizon.net, December 2020

Chris Mitchell has had two very different careers. The Prince George's County native majored in English at the University of Maryland, after which she began a career as a journalist. She wrote for the Columbia Flier and the Howard County Times. Over the years, she received a number of awards for her feature stories, including awards from school board associations for stories on school budgets and educating gifted students, and a prize from the Maryland Delaware DC Press Association for a story about a Holocaust survivor. Twenty years later, Chris decided to pursue a master's degree in pastoral counseling, after which she became a chaplain at Gilchrist Hospice. In addition to visiting patients at home and at the hospice center, she often conducted memorial services. She retired in 2012.

Chris enjoys reading, both fiction and poetry. She loves the outdoors in all seasons, walking and riding her bike when she can.

The Mitchells are especially happy to be



among the first residents at the Hillside Homes. Having sold their Sykesville house in April, they had to store their furniture and live in their beach house in Edgewater until their new home was ready.

Chris and Bill have been married for 20 years. Chris has two daughters and a grandson from a previous marriage.

*Text by Libby Champney, photo from
Chris Mitchell*

Open Forum

"Return of the Economist: Covid-19 Economic Impact"

Anirban Basu
President, The Sage Policy Group
Chair, Maryland Economic Development
Commission

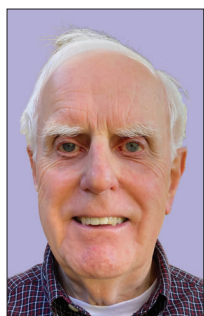
Wednesday, Dec. 9, 3:30-5:00 p.m.
Zoom link to be provided later

Broadmead Welcomes, *Continued*

Bob Morris, Y-203, 443-578-8537
Bmorris8@comcast.net, December 2020

Bob and Martha Morris have already experienced the friendly welcome newcomers receive at Broadmead. They came to the Arbor Café for a Saturday morning breakfast, and Bob Fetter happened to be in line behind them. He started a conversation, bought their breakfast, and joined them at a table where the three talked for some time. Other Broadmead connections are Dave Champney, whom Bob and Martha met through their work with Habitat for Humanity, and their neighbors in Cockeysville, Ralph and Bobbie Cook.

The Morrises helped to build or renovate houses in Waverly, Govans, Patterson Park, and Pigtown. Bob coordinated his church's Habitat program and expanded their efforts by enlisting churches of several denominations to join the program. The resulting organization, which was called "United Churches," has had from 5 to 15 participating congregations.



A native Baltimorean, Bob grew up in East Baltimore and is a "Poly Boy," class of 1959. After a year at Towson State College, Bob enlisted in the Air Force for four years of active duty. He completed his degree after discharge and then earned an M.S. in governmental administration from George

Washington University.

Bob had a 34-year career at the Social Security Administration as an information technology analyst. Concurrently, he served 28 years in the Maryland Air National Guard and an additional six years in the Air Force Reserve, retiring as a lieutenant colonel.

Bob enjoys photography, woodworking, exercising, and reading, all of which he looks forward to pursuing at Broadmead.

Text and photo by Kathleen Truelove

Martha Morris, Y-203, 443-578-8537
Mmorris5@comcast.net, December 2020

The Morrises were neighbors of current Broadmead residents Bobbie and Ralph Cook in Springdale, a neighborhood in Cockeysville, where they lived for 47 years. The Cooks' dog Molly saved Martha when she fell and injured herself in the backyard. Molly came running to Martha and barked to summon help. Lassie has nothing on Molly Cook! In 2018, Martha spent time in rehabilitation on Hallowell, which gave her and her husband, Bob, a good look at Broadmead.



Growing up in the Northwood neighborhood of Baltimore, Martha graduated from Eastern High School and then went to study at the Maryland Medical Secretarial School in Hagerstown. She met Bob on a blind date and they were married in 1967.

Martha got a job with Dr. Stuart Brager, who was just starting out in practice in a basement office. The practice eventually grew from just the two of them to three offices, nine physicians, and 60 employees, and Martha became the office manager. She retired in 1997.

Martha is a woman of diverse interests. She worked with Habitat for Humanity of the Chesapeake for 22 years, serving on the executive committee for six of those years. She and Bob met Broadmead residents Dave and Libby Champney through Habitat.

Martha has been active in her church, Timonium United Methodist, where she served as financial secretary.

Martha and Bob have a daughter, Suzanne, who lives in Frederick. Martha's hobbies include sewing, birding, exercising, reading, and knitting. She is interested in joining a knitters' group at Broadmead.

Text and photo by Kathleen Truelove

Dinner bags find double use

Text by Kathleen Truelove, photos by Kathleen Truelove and Carole Glowacki

Every day that dinner is delivered to cluster residents, more brown paper shopping bags pile up. Broadmead's kitchen can't reuse them, and they don't make great garbage bags. But if they are in good shape, it seems a shame to waste them.

With this in mind, several residents have had the same idea: food banks. The Hereford Food Bank, Paul's Place in Pigtown (Southwest Baltimore), and the GEDCO/Cares food pantry in Govans have all been recipients of Broadmead's bag largesse. People picking

up food need something to put it in, and these bags, with their sturdy string handles, work well.



Hereford Food Bank. Photo by Carole Glowacki



Broadmead bag donations. Photo by Kathleen Truelove

New Arrivals Garden Homes

Jacqueline Flournoy
D-9 on November 19
443-578-8203

Jeanette Anders
G-4 on November 23
443-578-8202

Linda Gerson
A-11 on November 30
443-578-8201

Leslie Glickman
G-7 on December 1
410-530-8804

New Arrivals Hillside Homes

Craig and Mary Beth Smith
U-307 on November 17
443-578-8524

Fred and Pat Yardley
U-206 on December 3
443-578-8514

Carolyn Riefle
U-202 on December 10
443-578-8510

Martin & Margaret "Marnie" Pilachowski
Y-201 on December 10
667-303-3424

Lon Hou
U-303 on December 15
443-596-4942

Charles and Maryanne Busse
U-306 on December 16
443-578-8523

Nelson and Roz Hyman
Y-303 on December 17
410-466-2283

Eddie Loh
U-309 on December 22
443-578-8526

Maryland My Maryland *The Free State Suffers Through Prohibition*

By Sidney M. Levy, photos from Baltimore Sun

The 18th Amendment, ratified on January 16, 1919 and effective a year later, prohibited the manufacture, sale, or transportation of “intoxicating liquors.” It failed to define intoxicating liquors, but on January 17, 1919 the Volstead Act was passed, which clarified the intent of the amendment. The manufacture and sale of “beer, wine, or other intoxicating malt or vinous liquors” with an alcohol content of more than 0.5 percent alcohol was illegal.

The Women’s Christian Temperance Union was the main force behind prohibition. In addition to its campaign for women’s rights, it also focused on stopping the manufacture and consumption of alcoholic beverages, claiming that liquor caused men to commit domestic violence and had a negative effect on both physical and mental health.

Marylanders, especially Baltimoreans, were not supportive. Baltimore was home to nearly



20,000 German immigrants, about one-quarter of the city’s total population at the time. These Germans considered

beer drinking part of their culture.

The National Brewery, American Brewery, and Monumental Brewery, among others, went out of business during the Prohibition era. Gunther and Globe Breweries manufactured “near beer” with an alcohol content within the legal limits.

The State Legislature was unable to pass a law to enforce prohibition, and Governor Albert Ritchie, who served from 1920 to 1935, was opposed to it. Fully 80 percent of Marylanders would later vote to repeal prohibition. The name “Free State” was given to Maryland in 1919

because of its opposition to prohibition, believing that it violated state’s rights. (The “Free State” nickname also represents



Maryland’s long tradition of political freedom and religious tolerance.)

Iconic journalist and curmudgeon H.L. Mencken wrote, “There is not less drunkenness in the Republic, but more. There is not less crime, but more. Not less insanity, but more. The cost of government is not smaller, but vastly greater. Respect for the law has not increased, but diminished.”

During Prohibition, U.S. Route 1 was a straight shot through the city heading south and was the main conduit for illegal booze. In 1921, the Baltimore Sun reported “after an exciting chase down U.S. 1 through Laurel, a State Police officer stopped a car with 100 pints of 7-year-old whiskey made by Canton Distilleries.” Coincidentally, the previous year, Canton Distilleries reported the theft of a huge quantity of alcohol from its warehouse.

The 21st Amendment, which passed in December 1933, repealed the 18th, and alcohol once again became legal.

In Memoriam

Sibylle Ehrlich

March 6, 1926 – October 28, 2020

Sarah “Sally-Lyn” Duff

May 21, 1932 – October 31, 2020

Mary Frances Wagley

May 28, 1927 – November 1, 2020

Rosemary Lareau

October 8, 1930 – November 9, 2020

Broadmead Welcomes

David Mollenkopf, U-205, 443-578-8513
mapledorf@comcast.net, December 2020



Western Pennsylvania was originally home for Dave Mollenkopf. He was born and raised in Beaver Falls and graduated from Geneva College with a degree in history. A teaching job brought him to the Baltimore County public schools, where he taught social studies at Dundalk and

Northpoint junior high schools. He served in the school administration as assistant principal at Dundalk Middle School and later as principal at Deep Creek and Perry Hall middle schools. He retired in 1994.

Since his retirement, Dave has worked part-time at the Pine Ridge golf course, where he continues to play on a weekly basis. He is an outdoorsman, so he will be out and about on the trails at Broadmead on a regular basis. Playing pickleball on the new court at Broadmead is something else he intends to investigate.

Dave looks forward to participating in the men's group and sharing his adventures, which include canoe trips, particularly in the Boundary Waters Canoe Area Wilderness (between Ontario and Minnesota) and in Quetico Provincial Park in Ontario. He has also made a number of flyfishing trips for salmon in Alaska.

Dave and his wife, Donna, form a blended family of his two sons, Jim (Fairfax, VA), and Steve (San Diego, CA), and Donna's son, Dustin (Rutherford, NJ). There are five grandchildren.

*Text by Kathryn Amey Shelton, photo from
Dave Mollenkopf*

Furniture

Furniture & Appliances is alive and functioning. Let us know your needs and what you have to donate.
Contact duffy99@flash.net

Donna Smither Mollenkopf, U-205, 443-578-8513
donnamollenkopf@comcast.net, December 2020

A resident of Baltimore County for most of her life, Donna is a graduate of Towson State College and received a master's degree from Loyola College. Her career in the Baltimore County public schools began as a speech pathologist, first working with deaf teenagers at Parkville High School and later evaluating children from birth to the age of five in the diagnostic center at Chatsworth School.

Concurrently, Donna pursued a second graduate degree, this time in administration. This shifted most of her career to roles as principal of White Oak School and Franklin Middle School and then as the Southwest Area superintendent. After retiring in 2001, Donna's role shifted again when she became Director of the Master of Arts in Teaching program at Goucher College.



Over the years, the Council at Ascension Lutheran Church has consistently benefited from her leadership skills. Donna continues to write and facilitate programs for *Well for the Journey*, also known as *The Well*, a spiritual wellness center in Towson. As part of a church group, she lived with families in Nicaragua. In Egypt she co-led pilgrimages and camped in the Sinai.

Donna married her husband, Dave, in 2004. Donna's son from an earlier marriage, Dustin, lives in Rutherford, NJ, with his wife and two daughters.

In retirement, Donna and Dave have traveled the world, visiting every continent except Antarctica. They have been to China, Australia, on an African Safari, and to several countries in South America, as well as national parks in the United States and Canada.

*Text by Kathryn Amey Shelton, photo from
Donna Mollenkopf*

Broadmead Welcomes, *Continued*

Susan Elizabeth Appling, Y-306, 443-421-1534
susanappling@comcast.net, December 2020

With a rich and varied career in nursing, Sue Appling joins the growing group of nursing professionals at Broadmead. She taught at the Johns Hopkins University School of Nursing for 20 years and worked at the Johns Hopkins Hospital in various departments. She also worked at Healthcare for the Homeless. In 2005, when she left Hopkins for the Mercy Hospital Breast Care Center, an undergraduate scholarship at the School of Nursing was established in her honor.

Since retiring in 2015, Sue has volunteered at the Caroline Center, a job training program for Baltimore women. She has also volunteered at the Johns Hopkins Medical Archives.

Born in Baltimore, Sue grew up in Towson. She obtained a diploma in nursing from the Johns Hopkins School of Nursing. Later, she earned both a B.S. and an M.S. in nursing from the University of Maryland, Baltimore, and a Ph.D. in health care policy from UMBC.



Sue, who is divorced, continues to be involved with her two stepchildren and seven step-grandchildren, ages 6 to 17. Her activities with her grandchildren coincide with her own interests in hiking, biking, reading, and cooking.

Sue lived in Mays Chapel for 20 years. Her decision to move to Broadmead was motivated by her awareness of the quality of the medical care and by several residents whom she knew, including Marilyn Winkelstein, with whom she worked at the School of Nursing, and Priscilla Barrett.

Text by Elsa Collins, photo from Susan Appling

Eddie L. Loh, U-309, 410-592-5891
eloh_1@verizon.net, December 2020

Following in his father's footsteps, Eddie Loh became a physicist. His father was a professor of physics, as was his elder brother. He began teaching at Towson State College in 1970, was promoted to professor of physics, and served as department chair. He retired in 2010 after a 40-year career.



Eddie said in a Towson interview, "When I started at TU, there wasn't a physics department. Enrollment was low, but we worked to build a department and undergraduate and graduate programs."

Born in Shanghai, Eddie moved with his family to Blacksburg, VA, in 1948. Graduating with a B.S. in physics from Virginia Polytechnic Institute, he came to Johns Hopkins University for his Ph.D.

Eddie moved to Broadmead from nearby Phoenix, MD, where he lived for almost 25 years. Before that, he lived in Baltimore, in the Roland Park neighborhood.

A confirmed bachelor, Eddie was the third of four children. His youngest brother is in San Francisco. His sister, a psychiatrist, lives in Washington, DC, with her husband.

Upon retirement, Eddie embarked on a decade of ambitious travel. He visited China, Japan, Vietnam, Korea, and many countries in Africa. He also traveled in numerous Latin American countries, Russia, various East European countries and the Balkans. He is an avid photographer.

Text by Jackie Mintz, photo from Eddie Loh

Broadmead Journal of Poetry

The Broadmead Journal of Poetry and Prose is now accepting submissions for the Spring 2021 issue. Please email poems or prose articles to dvdd322@gmail.com and to broadmeadjournal@gmail.com

William (Bill) Mangels, Y-304, 410-377-2858
wamangels@aol.com, December 2020

A retired official in the Maryland Department of Transportation, one of Bill Mangels's considerations for coming to Broadmead was the installation of a traffic light (the Maryland "T") on York Road. Bill's career in transportation began upon graduation from Lafayette College in 1961, when he took a job with the Pennsylvania Department of Highways. Three years later, he left for the University of West Virginia, where he obtained a master's degree in transportation engineering.

Bill worked for the Maryland State Highway Administration for almost 10 years. He then became a planner in the Secretary's office at the Maryland Department of Transportation (MDOT), coordinating the planning process with the Baltimore Regional Planning Council, the body responsible for the region's General Development Plan. One of Bill's last projects before his retirement in 2004 was the development of the first telework program for MDOT.

Born and raised in Queens, NY, Bill attended Brooklyn Technical High School, commuting every day by subway. He met Ann at a fraternity party at Lafayette College and they were married in 1962.



Bill has been engaged in a variety of volunteer activities, including two terms as treasurer of the Church of the Good Shepherd in Ruxton, and treasurer and chair of the endowment fund of the American Rhododendron Society (ARS). As members of the ARS, Ann and Bill have traveled annually to the West Coast since 2000 for meetings.

Text by Jackie Mintz, photo from Bill Mangels

Ann Watson Mangels, Y-304, 410-337-2858
wamangels@aol.com, December 2020

In 1978, Ann Mangels began a 37-year career as a realtor with Russell T. Baker & Co. Asked if she would handle the sale of her own house, Ann said she was no longer licensed but she wouldn't have done it anyway because she probably couldn't be objective.



In addition to her "day job," Ann held a series of volunteer positions. She served as senior warden of the Church of the Good Shepherd in Ruxton. She was president of the American Rhododendron Society from 2016 to 2019. And she has been a member of the board of Pickersgill Retirement Community since 1983, including having served as its president.

Born and raised in Baltimore, Ann attended Hannah More Academy, the oldest Episcopal girl's school in the United States (now part of St. Timothy's School), and graduated from Centenary College in Hackettstown, NJ. She and her husband, Bill, have two sons, one living in Cockeysville and the other in Alabama. They have three grandsons and three great-grandchildren.

Ann and Bill came to Broadmead from their Ruxton home of 50 years. Aside from her volunteer activities, Ann and Bill have traveled widely, from a first trip to Alaska in the early 1990s, to China, New Zealand, and numerous countries in Africa and South America.

Text by Jackie Mintz, photo from Ann Mangels

Multicultural Committee and Office of Diversity & Inclusion

Ouch! That Stereotype Hurts

Experience the impact of stereotypical comments, explore why people don't speak up against stereotypes and other biased behaviors, and learn six techniques for speaking up without blame or guilt.

Thursday, December 3, 2 p.m.

Zoom link will be provided later

Richard (Dick) Lee Wobus, Y-305, 301-249-1703
nrnwobus@verizon.net, December 2020



The son of a meteorologist associated with the Weather Bureau and the U.S. Navy, Dick Wobus lived in several places in his youth, including Washington, DC and Norfolk, VA. With degrees in physics and meteorology, he spent time as an Army medical corpsman in West Berlin, and on the U.S. Coast Guard cutter Dallas in the Atlantic and in Dakar, Senegal, as part of an international weather observation project. As a math analyst and support scientist, Dick worked on weather forecast models and global ensemble forecast systems at the Goddard Space Flight Center in Greenbelt, MD, and the National Weather Service in College Park, including a joint project with Canada and Mexico.

After he and Nadine were married, the couple moved from Greenbelt to Bowie, MD, where they lived for 37 years. They have sibling cats, Linus and Lucy. Like Nadine, Dick enjoys singing and joins her in choral singing. He often runs or assists with the sound system and recording during church events and her performances.

Dick was a conscientious objector. He has attended Quaker, Protestant, and Unitarian Universalist places of worship. Recently, he has been attending services with Nadine via Zoom at Mishkan Torah, a reconstructionist/conservative synagogue in Greenbelt.

Dick's interests include astronomy, photography, and tai chi, which he is certified to teach.

*Text by Angela Breakey, photo from
Dick Wobus*

Nadine Rose Adelson Wobus, Y-305,
301-249-1703
nrnwobus@verizon.net, December 2020

Music is the dominant note in Nadine's life. Early on, her voice recitals attracted positive attention. She received a B.A. in English and music at Hofstra University in Hempstead, NY. Later, she earned a master's degree in music therapy at the University of Miami and studied at the University of Maryland for state certification in music and special education. As a music therapist and teacher, she has worked in several schools and in private practice, and she has conducted workshops.

Undaunted by paralysis from polio in early childhood, Nadine has performed as a singer throughout the Mid-Atlantic region, including five appearances at the Kennedy Center. In 2009 she released a CD titled "Positively."



Nadine was born in Massachusetts and raised there and in New Jersey. She met her husband, Dick, through a UPS driver who asked her to hold a package for a neighbor. When Dick came to get it, they quickly became friends and then fell in love. They have been married for 38 years. The couple settled in a house in Bowie, MD, where Nadine set up her music therapy practice, all the while continuing to sing professionally at her synagogue and at her husband's church. They have a daughter, Nicole, and a 2-year-old granddaughter, Lily.

In addition to music, Nadine intends to pursue her interests in reading, sewing, and gardening at Broadmead.

*Text by Angela Breakey, photo from
Nadine Wobus*

Corner Cupboard

Groceries can be ordered from the Corner Cupboard Monday through Friday 8 a.m.–1:30 p.m. for same day delivery. Orders placed after that will be delivered the next business day.

Available items and prices are on Caremerge under Dining Services

To order, call 443-578-8075 or email robink@broadmead.org

Annual Service Awards given to 32 employees

By Jackie Mintz, photos by HR and Voice staff

At a recent annual Employee Service Awards event, 32 employees were recognized for their length of service at Broadmead. This year's event, like almost everything else, was virtual. Unlike other years, however, it featured a surprise cameo appearance by Ray Lewis, retired Baltimore Ravens linebacker, who had intended to attend in person but could not because of the COVID restrictions.

Two of the employees recognized clocked in at 40 years each: **Marshall Roane** in Maintenance and **Robin Kelley** in Corner Cupboard, both very well known to most residents.

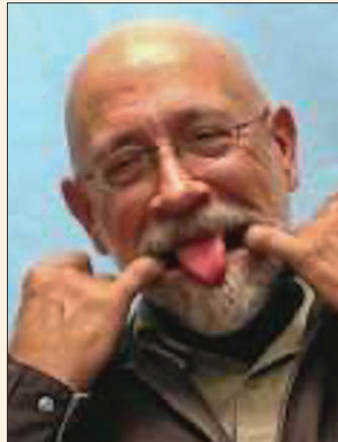


Marshall Roane



Robin Kelley

Other long-timers were **George Opfer** (Housekeeping), **Kurt Minter** (hot/cold cook), and **Margaret Knowles** (Nursing), each with 30 years under their belt; and **Darlene Charlton** (reception), at 20 years.



George Opfer



Kurt Minter



Margaret Knowles



Darlene Charlton

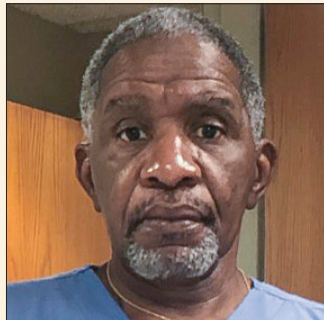
Five employees were recognized for 15 years of service: **Dakera Shields** (cook), **Steve Alcarese** (electrician), and three in Nursing: **Emily Olandu** (not pictured), **Melvin Hines**, and **Cleola Lovelist**.



Dakera Shields



Steve Alcarese



Melvin Hines



Cleola Lovelist

There were ten 10-year veterans, including five in Housekeeping – **Mona Keemer**, **Sheria Jenkins**, **Hanan Carter**, **Jolanda LaVarre**, and **Ron Gentry** (not pictured).



Mona Keemer



Sheria Jenkins



Hanan Carter



Jolanda LaVarre

There were three in Food Service: **Sheonna Ross** (not pictured), **Brandon Moulden** (not pictured), and **Saundra Berkley**; and two in Nursing, **Michael Gitagia** (not pictured) and **Ivo Zamora** (not pictured).



Saundra Berkley

Relative newcomers (5 years) included: **Andy Switzer** (Wellness), **George Pattee** (Capital Projects), **Stacey Young** (Lifestyle/Dementia), and **Isabella Stewart** (Health Services).



Andy Switzer



Stacey Young



George Pattee

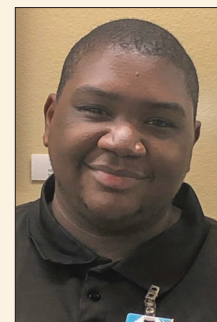


Isabella Stewart

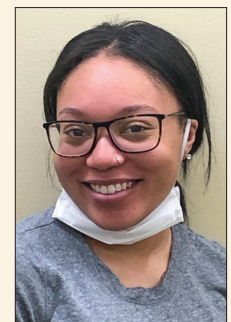
Also at five years were: **Paul Nicklas** (Maintenance), **Myles Pompey**, **Deajah Jones** (not pictured), and **Ja’Kaiya Johnson** in Food Services; and in Nursing, **David Mwangi**, **Lakia Lloyd**, **Tiffanie Rouson**, and **Marita Sher Gibrilla**.



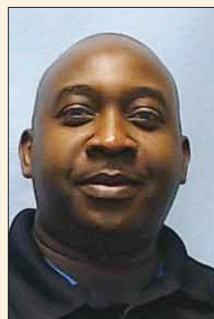
Paul Nicklas



Myles Pompey



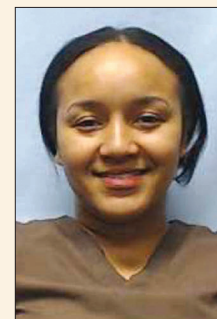
Ja’Kaiya Johnson



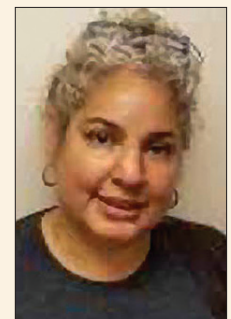
David Mwangi



Lakia Lloyd



Tiffanie Rouson



Marita Sher Gibrilla

Voice of the Residents

Vol. 42, No.4 December 2020

Published September through June by the
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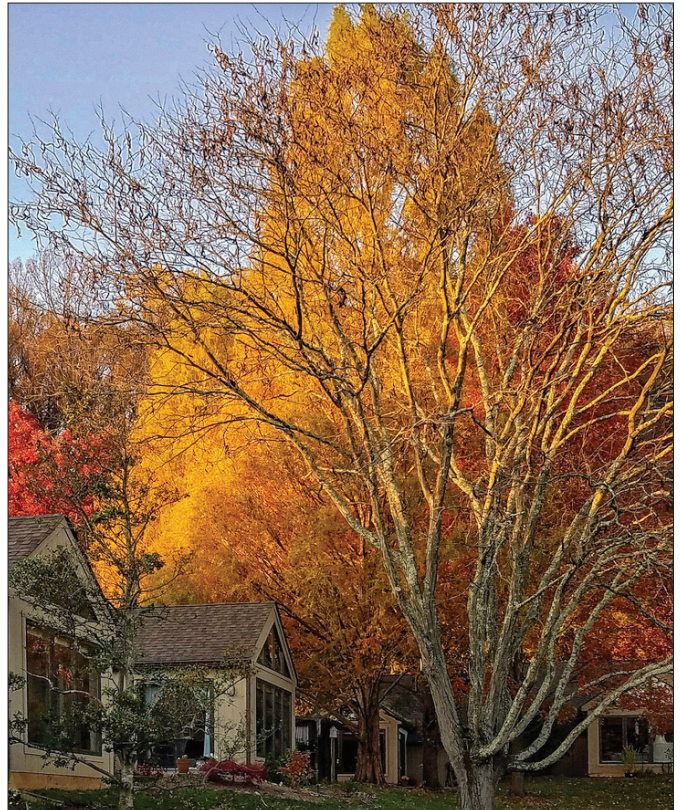
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Fall foliage behinds clusters P & Q. Photo by Jack Griffith



Photo by Erroll Hay

Editorial Policy

The Voice is produced by and for the Broadmead Residents Association. It seeks to announce and report on activities at Broadmead and to carry news, features and photos of interest to residents. As its major goal is to promote a sense of community, *The Voice* does not publish criticism of individuals or the three organizational bodies that constitute Broadmead (residents, administration and trustees) nor controversial opinions about Broadmead affairs as there are established procedures for the resolution of internal problems. *The Voice* does not publish matters of a religious or political nature, except in the context of a lecture report with attribution to the author of the opinion, nor submissions from outside media due to space limitations and possible copyright problems.